







July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:30am Canada Day Parade (Decorate your walkers and parade around the building)	2 10:30am Shuffleboard 2:00pm Group Card Game	3 10:30am Knitting Circle 3:00pm Bowling	4 10:30am Darts 2:00pm BINGO	5 11:00am Exercise 2:00pm Happy hour with Pete McEvoy	6 6:30pm Movie in the rec room
7 	8 11:00am Exercise 2:00pm Group Card Game	9 10:30am Bean Bag Toss 2:30pm Cooking with Lindsay	10 10:30am Resident Council Meeting 3:00pm Rocks & Rings (Curling)	11 10:30am Group Walk around the building 2:00pm BINGO	12 11:00am Exercise 2:00pm Happy Hour with Brian Finn	13 
14 6:30pm Movie in the rec room	15 Outing to Bowling Park	16 11:00am Exercise 2:00pm Bean Bag Toss	17 3:00pm Ladder ball 7:00pm Campfire	18 10:30am Shuffleboard 2:00pm BINGO	19 11:00am Just Breathe 2:00pm Happy hour with ESP	20 6:30pm Movie in the rec room
21 	22 2:00pm Group Card Game 6:30pm Therapy Dog Visit	23 10:30am Darts 2:00pm Summer Craft	24 11:00am Exercise 3:00pm Corn Hole Toss	25 2-4pm Family Fun Day!!	26 11:00am Exercise 2:00pm BINGO	27 
28 6:30pm Movie in the rec room	29 11:00am Just Breathe 2:00pm Group Card Game	30 10:30am Shuffleboard 2:00pm Horseshoes	31 10:30am Group walk around the building 3:00pm Ring Toss	Dr Jardine will be here: Wednesday July 10th & Wednesday July 24th To be seen you must have your name down the MONDAY before!		